

## Look

Sometimes when something in our life is challenging or hard it seems easier just to decide whatever it is is not useful for us anyway.

1. Describe a time when you justified giving up or walking away from something challenging or hard in your life by thinking it wasn't useful for you.
2. Do you think this is something everyone does at some point in their life? Why or why not?
3. In what ways might we learn or grow more if we take on these challenges or hardships as opposed to others?

## Book

### *Luke 21:5-19*

Jesus preaches a challenging message we might be tempted to think is not useful for us.

1. Discuss your first thoughts and reactions to this passage. Did you find it difficult? Did you feel it contained nothing useful for you?
2. It must have seemed strange for the disciples to hear that suffering and persecution would be an occasion for testimony. What do you think he meant? What does it mean to us today?
3. Read and discuss verse 19.

## Took

We will face difficulties in this life but we will not face them alone--we will have Jesus. And if we look carefully, we will always find something contained in his Word useful for us.

1. Do you turn to Jesus or to scripture first when you find yourself facing a difficulty or hardship? Why or why not?
2. Have you experienced a time when turning to Jesus or scripture helped you face something challenging you might otherwise have given up on? Describe.
3. What changes could you make from this point forward to help you focus on Christ first when you are faced with a challenge?