Look

We human beings do not easily stop and give thanks. We may say "thank you" many times a day, but we don't mean it as much as we could. Instead we rush on and lose that feeling of satisfaction and peace and gratitude that comes from truly enjoying and being thankful for the blessing that has come our way.

1. Do you agree or disagree with the above statement? Explain.

2. Are you a thankful person? How do you show your thanks? Does that make you feel whole? Explain.

3. In what way have you found satisfaction/peace/gratitude from being thankful for the good things in your life?

Book

Ruth 1:1-19; Luke 17:11-19

Two stories of faith, gratitude and thankfulness.

1. How were Ruth's actions to her mother-in-law unique for the time? How was this a blessing for Naomi?

2. Compare the faith and gratitude of Ruth and the returning Leper.

3. Why does Jesus say that the returning Leper's faith makes him "whole?" How do you think his life was different from the other nine?

Took

Look around and see your blessings and "as the Lord has blessed you, so you should give thanks."

1. Do you take time to look around and see your blessings? Why or why not? How can doing that make you whole?

2. How do you show thanks for the ways that the Lord has blessed you? How is it tangible?

3. When you look to the future, do you expect to have things you will be thankful for? Why or why not?

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